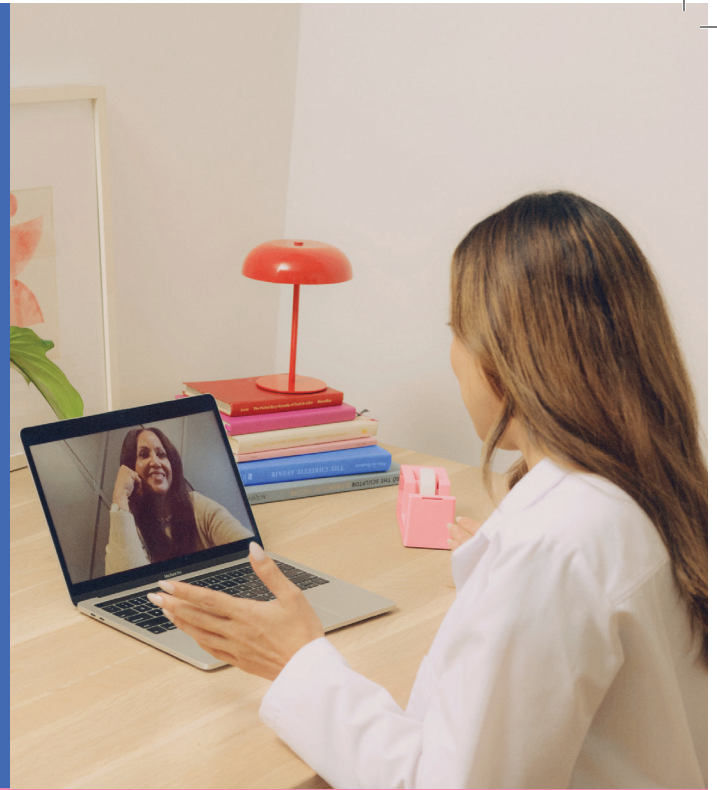


MidiHealth

Expert virtual care for perimenopause and menopause

Covered by insurance








Trouble sleeping ✦ Weight changes ✦ Brain fog ✦ Hair & skin changes
Hot flashes ✦ Painful sex, low libido ✦ Period problems ✦ Bone loss
Mood issues ✦ Menopause after cancer ✦ Menopause with cancer risk

Discover real relief

Hormonal changes in midlife can bring on a host of symptoms that are often misunderstood. Midi's expert clinicians can help you find safe, effective solutions.

Midi connects you to expert clinicians via virtual visits. After discussing your symptoms and health history, they help you get any necessary lab tests and create a personalized Care Plan.

Your regimen may include:

-  FDA-approved hormonal medications
-  Non-hormonal medications
-  Supplements and botanicals
-  Lifestyle coaching
-  Wellness therapies

We are excited to offer Midi's virtual menopause care benefit to employees and their partners/dependents through our employee health plan.



Start your Midi journey at
joinmidi.com/menopausebenefit